



**June
2021**



KC High Lunch Menu



**SUMMER
VACATION**



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges



Lunch Prices:

Student: Free
Reduced: Free
Adult: \$3.55

General Manager:

Alex Spalding
Phone Number:
724-756-2030 Ext. 1015
Email:

metzfoods@kcasdk12.org

USDA is an equal opportunity provider and employer.

WE ARE HIRING!
Apply now for
2021-2022
positions!!!

Due to COVID/Remote Learning Models - Menu is subject to extreme change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

May 31

June 1

June 2

June 3

June 4

ENTRÉE

ENTRÉE

ENTRÉE

ENTRÉE

**Hot Sausage
Sandwich**

**Goulash with
Dinner Roll**

Fried Chicken

**Sloppy Joe - or -
Pulled Pork Tater
Tot Bowl**

**NO SCHOOL!!!!
MEMORIAL DAY!**

FEATURED SIDES

FEATURED SIDES

**FEATURED
VEGGIES**

FEATURED SIDES

Steamed Veggies

Steamed Veggies

Brown Rice

Steamed Veggies

Pierogies

Mashed Potatoes

Featured Fruit

Featured Fruit

Featured Fruit

Featured Fruit

Choice of Milk

Choice of Milk

Choice of Milk

Choice of Milk